Mozka: 800m: Session: 1: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 12:30 untill 13:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandermeulen Eric

Coaches: Goossens Nicole HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 800M FREESTYLE WOMEN — Heat:2, starttime: 13:45

Heat: 2/3 Lane : 4 Athlete: VAN DAELE JOSEFIEN — **Q-time: 10:16:59**

PB (25m pool): 10:16.59 Zwevegem 26/10/2025 **PB (50m pool):** no time **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:34.88	01:13.06	01:51.68	02:31.16	03:10.34	03:49.60	04:29.15	05:08.49
	00:34.88	*00:38.18*	*00:38.62*	*00:39.48*	*00:39.18*	*00:39.26*	*00:39.55*	*00:39.34*
	450M	**500M**	**550M**	**600M**	**650M**	**700M**	**750M**	**800M**
PB	05:47.89	06:26.80	07:06.11	07:44.08	08:21.28	08:59.45	09:38.11	10:16.59
	00:39.40	*00:38.91*	*00:39.31*	*00:37.97*	*00:37.20*	*00:38.17*	*00:38.66*	*00:38.48*

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN — Heat:2, starttime: 13:45

Heat: 2/3 Lane : 5 Athlete: WULLAERT FIEN — **Q-time: 10:21:91**

PB (25m pool): 10:21.91 Zwevegem 26/10/2025 **PB (50m pool):** no time **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:34.53	01:12.53	01:51.48	02:30.74	03:10.20	03:49.62	04:29.47	05:08.98
	00:34.53	*00:38.00*	*00:38.95*	*00:39.26*	*00:39.46*	*00:39.42*	*00:39.85*	*00:39.51*
	450M	**500M**	**550M**	**600M**	**650M**	**700M**	**750M**	**800M**
PB	05:48.09	06:26.98	07:06.70	07:46.09	08:25.14	09:04.17	09:43.42	10:21.91
	00:39.11	*00:38.89*	*00:39.72*	*00:39.39*	*00:39.05*	*00:39.03*	*00:39.25*	*00:38.49*

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN — Heat:3, starttime: 14:00

Heat: 3/3 Lane : 3 Athlete: DE SMET AMéLIE — **Q-time: 09:56:00**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	450M	**500M**	**550M**	**600M**	**650M**	**700M**	**750M**	**800M**
PB	no time	no time	no time	no time	no time	no time	no time	no time

Mozka: 800m: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 1: 800M FREESTYLE WOMEN — **Heat:3, starttime: 14:00**

Heat: 3/3 Lane : 4 Athlete: DELPORTE LOTTE — **Q-time: 09:44:49**

PB (25m pool): 09:54.57 3500 Hasselt 14/04/2024 **PB (50m pool):** 09:44.49 **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	450M	**500M**	**550M**	**600M**	**650M**	**700M**	**750M**	**800M**
PB	no time	no time	no time	no time	no time	no time	no time	09:54.57
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN — **Heat:3, starttime: 14:00**

Heat: 3/3 Lane : 5 Athlete: LAMMENS ALIX — **Q-time: 09:54:00**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	450M	**500M**	**550M**	**600M**	**650M**	**700M**	**750M**	**800M**
PB	no time	no time	no time	no time	no time	no time	no time	no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN — **Heat:3, starttime: 14:00**

Heat: 3/3 Lane : 7 Athlete: DE BRABANDER CELESTE — **Q-time: 10:05:73**

PB (25m pool): 10:05.73 Zwevegem 26/10/2025 **PB (50m pool):** no time **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	00:33.85	01:11.07	01:48.45	02:26.60	03:05.01	03:42.38	04:20.49	04:58.78
	00:33.85	*00:37.22*	*00:37.38*	*00:38.15*	*00:38.41*	*00:37.37*	*00:38.11*	*00:38.29*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	450M	**500M**	**550M**	**600M**	**650M**	**700M**	**750M**	**800M**
PB	05:37.55	06:15.52	06:53.77	07:32.44	08:10.96	08:49.27	09:27.78	10:05.73
	00:38.77	*00:37.97*	*00:38.25*	*00:38.67*	*00:38.52*	*00:38.31*	*00:38.51*	*00:37.95*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Mozka: 800m: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 2: 800M FREESTYLE MEN **Heat:3, starttime: 14:35**

Heat: 3/3 Lane : 5 Athlete: BOURDIAUDHY THIBAU **Q-time: 08:58:00**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	50M	100M	150M	200M	250M	300M	350M	400M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	450M	**500M**	**550M**	**600M**	**650M**	**700M**	**750M**	**800M**
PB	no time	no time	no time	no time	no time	no time	no time	no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: